

SERENITY PRAYER

GOD, GRANT ME THE SERENITY
TO ACCEPT THE THINGS I CANNOT CHANGE,
COURAGE TO CHANGE THE THINGS I CAN,
AND WISDOM TO KNOW THE DIFFERENCE.

THE TWELVE STEPS

Study of these Steps is essential to progress in the Al-Anon program. The principles they embody are universal, applicable to everyone, whatever his personal creed. In Al-Anon, we strive for an ever-deeper understanding of these Steps, and pray for the wisdom to apply them to our lives.

1. We admitted we were powerless over alcohol – that our lives had become unmanageable.
2. Came to believe that a power greater than ourselves could restore us to sanity.
3. Made a decision to turn our will and our lives over to the care of God *as we understood Him*.
4. Made a searching and fearless moral inventory of ourselves.
5. Admitted to God, to ourselves and to another human being the exact nature of our wrongs.
6. Were entirely ready to have God remove all these defects of character.
7. Humbly ask Him to remove our shortcomings.
8. Made a list of all persons we had harmed, and became willing to make amends to them all.
9. Made direct amends to such people wherever possible, except when to do so would injure them or others.
10. Continued to take personal inventory, and when we were wrong, promptly admitted it.
11. Sought through prayer and meditation to improve our conscious contact with God *as we understood Him*, praying only for knowledge of His will for us and the power to carry that out.
12. Having had a spiritual awakening as the result of these Steps, we tried to carry this message to others and to practice these principles in all our affairs.

THE TWELVE TRADITIONS

These guidelines are the means of promoting harmony and growth in Al-Anon groups and in the worldwide fellowship of Al-Anon as a whole. Our group experience suggests that our unity depends on adherence to these Traditions.

THE TWELVE TRADITIONS

1. Our common welfare should come first; personal progress for the greatest number depends upon unity.
2. For our group purpose, there is but one authority – a loving God, as he may express Himself in our group consciences. Our leaders are but trusted servants; they do not govern.
3. The relatives of alcoholics, when gathered together for mutual aid, may call themselves an Al-Anon Family Group, provided that, as a group, they have no other affiliation. The only requirement for membership is that there be a problem of alcoholism in a relative or friend.
4. Each group should be autonomous, except in matters affecting another group or Al-Anon or AA as a whole.
5. Each Al-Anon Family Group has but one purpose: to help families of alcoholics. We do this by practicing the Twelve Steps of AA *ourselves*, by encouraging and understanding our alcoholic relatives, and by welcoming and giving comfort to families of alcoholics.
6. Our Al-Anon Family Groups ought never endorse, finance, or lend our name to any outside enterprise, lest problems of money, property and prestige divert us from our primary spiritual aim. Although a separate entity, we should always cooperate with Alcoholics Anonymous.
7. Every group ought to be fully self-supporting declining outside contributions.
8. Al-Anon Twelfth Step work should remain forever nonprofessional, but our service centers may employ special workers.
9. Our groups, as such, ought never be organized; but we may create service boards or committees directly responsible to those they serve.
10. The Al-Anon Family Groups have no opinion on outside issues; hence our name ought never be drawn into public controversy.
11. Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, TV and films. We need guard with special care the anonymity of all AA members.
12. Anonymity is the spiritual foundation of all our Traditions, ever reminding us to place principles above personalities.

Beginner's Meetings

SUNDAY

- ♿ **BEGIN WITH ME AFG**
LUTHERAN CHURCH OF THE PALMS
2250 NEBRASKA AVE, PALM HARBOR
(1st Floor) 34683
(Entrance at back of church) 6:30 PM
→ (Regular Mtg. follows at 7:00 PM)

MONDAY

- ♿ **PALM HARBOR/DUNEDIN AFG**
ST. MARK LUTHERAN CHURCH
1120 CURLEW ROAD, DUNEDIN 34698
(East of Alt. 19) 7:00 – 7:45 PM
→ (Regular Mtg. follows at 8:00 PM)
- ♿ **MONDAY AFTERNOON AFG**
ANONA UNITED METHODIST CHURCH
13233 INDIAN ROCKS ROAD
LARGO 33774 12:00 PM
(Portable B, off Wilcox Rd.)
→ (Regular Mtg. follows at 1:00 PM)

WEDNESDAY

- **ST. PETERSBURG BEGINNERS AFG**
ST. LUKE'S CHURCH
4444 5TH AVENUE NORTH
ST. PETERSBURG 10:30 AM
- ♿ **HORIZON SERENITY DISCUSSION AFG**
THE CHURCH OF THE NAZARENE
6565 78TH AVENUE NORTH
PINELLAS PARK 33781 7:15 PM
→ (Regular Mtg. follows at 8:00 PM)

THURSDAY

- ♿ **PASADENA TRANQUILITY AFG**
PASADENA COMMUNITY CHURCH
227 70TH STREET SOUTH
LIFE ENRICHMENT CENTER, 3C
ST. PETERSBURG 33707 12:00-12:45 PM
→ (Regular Mtg. follows at 12:45-2:00 PM)

FRIDAY

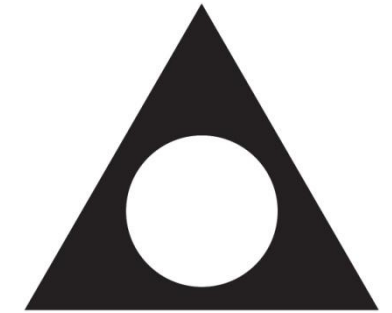
- ♿ **FRIDAY MORNING BEGINNERS AFG**
CHURCH OF THE GOOD SHEPHERD
639 EDGEWATER DR, DUNEDIN 34698
(Education Ctr-Patio) 9:45-10:45 AM
→ (Regular Mtg. follows at 11:00 AM)

SATURDAY

- ELEVEN & ELEVEN AFG** 10:00-10:45 AM
LARGO ALLIANCE CHURCH
1633 LAKE AVENUE NE, LARGO 33770
(NE Corner of Lake Ave and McMullen Road)
→ (Regular Mtg. follows at 11:00 AM)

AL-ANON-ALATEEN FAMILY GROUPS

For Families and Friends of Alcoholics



WHEN & WHERE

In Pinellas County (District 7)

DECEMBER 2011

**24-Hour Information Line:
727-548-6811**

Pinellas County Al-Anon Website:
www.al-anon-pinellas.org
(includes links to other Tampa Bay counties)

Al-Anon Information Service
Of Pinellas County (A.I.S.P.C.)
P.O. BOX 1511
LARGO, FL 33779-1511

ALL MEETINGS ARE NON-SMOKING

Al-Anon World Service	1 (800) 356-9996
	Or 1 (800) 344-2666
Pasco/Hernando/Citrus	1 (352) 697-0497
Hillsborough County	1 (813) 881-9372
Bradenton/Sarasota	1 (941) 749-1750
Ocala (AA & Al-Anon)	1 (352) 867-0660
Gainesville	1 (352) 379-4701
Orlando Area	1 (800) 292-6489
Lakeland/Winter Haven	1 (863) 687-3800
Jacksonville	1 (904) 350-0600
Tallahassee Area	1 (850) 222-2294
Brevard Co./Melbourne	1 (321) 639-0220
Putman/Flagler/St. John's	1 (800) 508-2512
A.A. of Pinellas County	(727) 530-0415
HelpLine of Tampa Bay	211 (free)

Generally, Al-Anon/Alateen meetings are closed, except where indicated as open (see Legend). Closed meetings are limited to members and prospective members. These are persons who feel their lives have been or are being deeply affected by alcoholism in a family member or friend.

LEGEND

- AFG** - Al-Anon/Alateen Family Group
- ★ - AA meets at the same time and place
- △ - Alateen meets at the same time and place
- ♿ - Wheelchair accessible
- - Al-Anon meets at the same time and place
- - Al-Anon meeting is OPEN
- BS** Book Study
- ST** STEP MEETING

When District 7 lists a group, at their request, there is an informal agreement that the group will abide by Al-Anon Traditions and keep its door open to any Al-Anon member. Listing in this pamphlet does not constitute approval of any group's manner of practicing the Al-Anon program. If the group you attend is not right for you, please try another. There is help and hope available in Al-Anon.

DISTRICT 7 MEETINGS
DEC 3, JAN 7, 2011
CHURCH of The NAZARENE
6565 78th Ave. North
PINELLAS PARK, 33781 9:30 AM

GENERAL INFORMATION

A.I.S.P.C. LITERATURE DISTRIBUTION CENTER
A.I.S.P.C. – L.D.C.
727-789-5594 AISPCLDC49@verizon.net

ALATEEN MEETINGS

SUNDAY

SUNDAY MORNING SERENITY
● SERENITY CLUB
★ 631 TURNER STREET 10:00 AM
CLEARWATER 33756
(ENTER AT THE BACK OF THE BUILDING)

MONDAY

PALM HARBOR/DUNEDIN ALATEEN
● ST. MARK LUTHERAN CHURCH 8:00 PM
1120 CURLEW ROAD, DUNEDIN 34698
(EAST OF ALT. 19)

WEDNESDAY

OAKHURST ALATEEN
● OAKHURST UNITED METHODIST CHURCH
★ 13400 PARK BLVD 8:00 PM
SEMINOLE 33776 (CHORAL ROOM #17)
(AGES 9-18)

! ESPANOL !

● **La Serenidad – miércoles** 7:00 pm
Incarnation Church & School
(Teacher's Lounge)
Webb Road & Hillsborough Ave.,
Tampa (District 8)
● **Un Dia A La Vez – martes y sabado**
○ "The Club" 8:00 PM
3333 W. Columbus Dr. Tampa (District 8)

-----SUNDAY-----

● **CLEARWATER SUNDAY MORNING AFG**
△ SERENITY CLUB (Back Room)
★ 631 TURNER STREET
CLEARWATER 33756 10:00 AM
GOOD MORNING AL-ANON
ST. ANTHONY'S HOSPITAL
1200 7TH AVE. N (Ground Floor Auditorium,
Lobby desk will direct you to AFG Group)
ST. PETERSBURG 33705 10:30 AM
(2nd Sun. – Step/Tradition/Concept)
○ **MIRACLES HAPPEN**
ST. PATRICK CATHOLIC CHURCH 7:30 PM
1507 TROTTER RD, LARGO 33770
● **BEGIN WITH ME AFG** 7:00 PM
LUTHERAN CHURCH OF THE PALMS
2250 NEBRASKA AVE, PALM HARBOR 34683
(1st floor, Entrance at back of Church)
→ **BEGINNER'S MEETING 6:30 PM**

CLEARWATER DISCUSSION AFG
ST. PAUL LUTHERAN CHURCH
407 S. SATURN AT GULF TO BAY
(1st Floor Rooms 7A & 7B)
CLEARWATER 33755 7:00 PM
● **TOP OF THE BAY AFG**
UNITED METHODIST CHURCH 7:00 PM
207 BUCKINGHAM AVE, OLDSMAR 34677

-----MONDAY-----

● **MONDAY AFTERNOON AFG**
ANONA UNITED METHODIST CHURCH
13233 INDIAN ROCKS ROAD
LARGO 33774 1:00 PM
(Portable B, off Wilcox Rd.)
→ **BEGINNER'S MEETING 12:00 PM**

● **PINELLAS PARK GROWTH GROUP AFG**
○ 1ST BAPTIST CHURCH, 5495 PARK BLVD.
PINELLAS PARK 33781 8:00 PM
(Meeting @ house behind church---
7570 54TH St.)
● **STEPS TO RECOVERY AFG**
★ GRACE LUTHERAN CHURCH
4301 16TH STREET NORTH (Room 102)
ST. PETERSBURG 33703 7:30 PM

● **CLEARWATER MON. EVENING AFG**
PRINCE OF PEACE CHURCH 8:00 PM
455 MISSOURI AVE LARGO 33770
(Across from Largo High, 1st Mon. Step Mtg.)
● **PALM HARBOR/DUNEDIN AFG**
△ ST. MARK LUTHERAN CHURCH 8:00 PM
1120 CURLEW ROAD, DUNEDIN 34698
(East of Alt. 19, 1st Mon. is Step Mtg.)
→ **BEGINNER'S MEETING 7:00-7:45 PM**

● **BLUEPRINT FOR PROGRESS**
ST. JUSTIN MARTYR CATHOLIC CHURCH
10851 RIDGE ROAD, SEMINOLE 33778
(from 113th also, in house) 8:00 PM

-----TUESDAY-----

● **BRIGHT PROMISE AFG**
○ N.E. UNITED PRESBYTERIAN CHURCH
4400 SHORE ACRES BLVD. N.E.
ST. PETERSBURG 33713 12:15 PM
● **JOY IN RECOVERY AFG**
★ CHRIST LUTHERAN CHURCH
3451 30th AVENUE NORTH
ST. PETERSBURG 33713 8:00 PM
● **OAKHURST STEP AND DISCUSSION AFG**
CHRIST THE KING LUTHERAN CHURCH
11220 OAKHURST ROAD
LARGO 33774 8:00 PM
● **SUNSHINE CITY AFG**
PASADENA COMMUNITY CHURCH
227 70TH STREET SOUTH
LIFE ENRICHMENT – ROOM 3C
ST. PETERSBURG 33707
(1st Tuesday is a Step Meeting) 8:00 PM

● **STEPS TO SERENITY**
HERITAGE UNITED METHODIST CHURCH
2680 LANDMARK DRIVE & SR 580
CLEARWATER 33761 7:00 PM

ST PROGRESS NOT PERFECTION AFG (4THST)
SERENITY CLUB (Back Room) 8:00 PM
631 TURNER ST., CLEARWATER 33756

● **S.T.A.G. AFG**
NORTHWEST PRESBYTERIAN CHURCH
6330 54TH AVENUE NORTH (Men's Group)
ST. PETERSBURG 33709 8:00 PM

-----WEDNESDAY-----

● **WOMAN'S GOTTAWANNA AL-ANON**
BS RIVIERA UNITED METHODIST CHURCH
175 62ND AVENUE NORTH
ST. PETERSBURG 33702 7:30-8:45 PM
(Discussion last Wed. of Month, BABYSITTING)

WEDNESDAY MORNING STEPPING UP AFG
ST ST. CECELIA CATHOLIC CHURCH
820 JASMINE WAY, CLEARWATER 33756
(4TH WED. DISCUSSION/Myrtle & Druid Rd./
Room D) 10:30 AM

● **STEPS TO THE PROMISES AFG**
△ OAKHURST UNITED METHODIST CHURCH
13400 PARK BLVD (ACOA Focus)
SEMINOLE 33776 8:00 PM
(Enter @ West End of Bldg. – Room 12)

BS SAFETY HARBOR AFG

MEASE COUNTRYSIDE HOSPITAL
3231 McMULLEN BOOTH ROAD
(Lower Level Rooms 4 & 5)
SAFETY HARBOR 33761 8:00 PM

HORIZON SERENITY DISCUSSION AFG
THE CHURCH OF THE NAZARENE
6565 78TH AVENUE NORTH
PINELLAS PARK 33781 8:00 PM
→ **BEGINNER'S MEETING 7:15 PM**

● **DUNEDIN MEN'S AFG**
OUR LADY OF LOURDES CATHOLIC CHURCH
750 SAN SALVADOR DRIVE 8:00 PM
DUNEDIN, FL 34698 (MEN'S GROUP,
DUBOIS BUILDING, ROOM B)

-----THURSDAY-----

● **PASADENA TRANQUILITY AFG**
PASADENA COMMUNITY CHURCH
227 70TH STREET SOUTH
LIFE ENRICHMENT CENTER ROOM 3C
ST. PETERSBURG 33707 12:45-2:00 PM
→ **BEGINNER'S MEETING 12:00-12:45 PM**

● **PALM HARBOR/DUNEDIN AFG**
ST. MARK LUTHERAN CHURCH 8:00 PM
1120 CURLEW ROAD, DUNEDIN 34698
(1ST Thursday is a Tradition Meeting)

● **INDIAN ROCKS 12TH STEP AFG**
ST CHURCH OF THE ISLES, 2500 BAY BOULEVARD
INDIAN ROCKS BEACH 33785 8:00 PM

EAST LAKE RINGING THE BELLS OF SERENITY AFG
8:00 PM
EAST LAKE UNITED METHODIST CHURCH
2801 EAST LAKE RD., PALM HARBOR 34685
(Education Bldg/Back of Church/Upstairs)

FRIENDS OF LOIS
GRACE BRETHREN CHURCH 8:00 PM
6300 62ND AVE N, PINELLAS PARK 33781
(Entrance door faces 62nd Ave, 1st Thurs. – Step Meeting)

★ **SERENITY AFG** 11:00 AM
SERENITY UNITED METHODIST CHURCH
2750 5th AVE. N., ST. PETERSBURG 33713
(corner of 5th Ave. N. & 28th St. N.)

HOLIDAY ISLES AFG
ST. ALBAN EPISCOPAL CHURCH
8451 BLIND PASS ROAD
ST. PETE BEACH 33707 7:00 PM

○ **COURAGE TO CHANGE**
FRIENDSHIP COMMUNITY CHURCH
152 107th STREET
TREASURE ISLAND 33706 8:00 PM

-----FRIDAY-----

● **FRIDAY MORNING FRIENDS AFG**
CHURCH OF THE GOOD SHEPHERD
639 EDGEWATER DR (Education Ctr-Library)
DUNEDIN 34698 11:00-12:00 PM
→ **BEGINNER'S MEETING 9:45-10:45 AM**

● **COUNTRYSIDE FRIDAY NIGHT AFG**
NORTHWOOD PRESBYTERIAN CHURCH
2875 SR 580 (ROOM 15-around back of bldg.)
CLEARWATER 33761 8:00 PM

● **HI HOPES AFG**
RIVIERA UNITED METHODIST CHURCH
175 62ND AVENUE NORTH
ST. PETERSBURG 33702 8:00-9:15 PM
(5th Friday Speakers Meeting)

HERE'S HOW AFG

PASS-A-GRILLE COMMUNITY CHURCH
16TH AVENUE & PASS-A-GRILLE WAY
SECOND FLOOR (Use back entrance)
ST. PETE BEACH 33706 8:00 PM

● **FRIDAY EVENING AFG** 8:00 PM
ANONA UNITED METHODIST CHURCH
13233 INDIAN ROCKS RD., LARGO 33774
(on the Wilcox Rd. side, in the portables)

● **GROW WITH TARPON AFG**
★ ST. TIMOTHY'S LUTHERAN
812 E. TARPON AVENUE
TARPON SPRINGS 34689 8:00 PM

-----SATURDAY-----

ELEVEN & ELEVEN AFG 11:00 AM
LARGO ALLIANCE CHURCH
1633 LAKE AVENUE NE, LARGO 33770
(NE Corner of Lake Ave. and McMullen Rd.)
→ **BEGINNER'S MEETING 10:00-10:45 AM**

● **SATURDAY SERENITY AFG**
○ PASADENA COMMUNITY CHURCH
227 70TH STREET SOUTH
LIFE ENRICHMENT CENTER ROOM 3C
ST. PETERSBURG 33707 7:00 PM
(1st Saturday Step Meeting)

● **SAFETY HARBOR SERENITY**
○ THE COMPASS
401 2ND ST., SAFETY HARBOR 34695 8:00 PM
(1 block N of Main and 4th Ave/2nd Sat.–Speaker Mtg/3rd Sat.-Step Mtg)

● **SEVEN ON ELEVENTH** 7:00 PM
○ WESTMINSTER PRESBYTERIAN CHURCH
126 11TH AVE. NE, ST. PETERSBURG 33701
(STARTS DEC. 10TH)