


SATURDAY

Pasco County

Saturday Morning Al-Anon 10:00 AM
Unity Church
5844 Pine Hill Road, Port Richey 34668

Saturday Survivors 6:30 PM
2736 Land O'Lakes Blvd.
Land O'Lakes 34639

Citrus County

Sat. Morning Stepping Stones AFG 10:00 AM
Beginners Meeting 10:00 AM 
147 7th Street, Crystal River 34429
(Behind the police station)

SUNDAY

Pasco County

A Great Beginning AFG 6:00 PM
Unity Church
5844 Pine Hill Road, Port Richey 34668

MONDAY

Pasco County

Al-Anon Study Group 12:00 NOON
First Baptist Church of Hudson
7009 Hudson Ave., Hudson 34667


The Noon Solutions 12:00 NOON
Al-Anon Step Study Group
1ST United Methodist (Lamplighter Room)
38635 5th Avenue, Zephyrhills 33542

Beginnings AFG/Adult Children 7:30 PM
St. Stephens Episcopal Church
5326 Charles Street
New Port Richey 34652
(Entrance at parking lot door)

Citrus County

Attitude of Gratitude AFG 8:00 PM
Our Lady of Fatima Church (bldg. behind)
550 S. US Hwy.41 Inverness 34450

Hernando County

Monday Night Harmony AFG 7:00 PM
Beginners Meeting 7:00 PM 
United Church of Christ Davis Hall
4244 Mariner Blvd, Spring Hill 34609
(Behind church, Unit One Activity Room)

TUESDAY

Pasco County

Steps of Recovery 10:00 AM
St. Michael's Catholic Church
8014 SR 52 (½ mile east of US 19) (mod.2)
Bayonet Point 34667

Holiday Tuesday Evening 7:00 PM
Metropolitan Ministries
3214 US Highway 19, Holiday 34691

Hernando County

Attitudes ALATEEN Group 7:00PM
United Church of Christ-Davis Hall
4244 Mariner Blvd
Spring Hill 34609

Tuesday Masarkytown AFG 7:00 PM
Holy Trinity Lutheran Church
1214 Broad St.
Masarkytown

Citrus County

Tuesday Morning Serenity 10:00 AM
Unity Church
2628 W. Woodview Lane
Lecanto 34461

Crvstal River AFG 8:00 PM
St. Benedict's Catholic Church
455 South Sun Coast Blvd., US 19 & Ozello
Crystal River 34429

WEDNESDAY

Pasco County

Living the Steps AFG 12:00 NOON
First Baptist Church of Hudson
7009 Hudson Ave., Hudson 34667
(Corner Old Dixie Hwy) Discussion Meeting

Step into Hope 6:45 PM
5650 Missouri Ave. (A Club)
New Port Richey 34652


Wednesday Night Serenity AFG 7:30 PM
First United Methodist Church
38635 5th Avenue at 10th Street,
Lamplighter Room - Zephyrhills 33542

WEDNESDAY (cont.)

Hernando County

Spring Lake AFG 10:00 AM
Spring Lake United Methodist Church
4191 Spring Lake Highway
Brooksville, FL 34602

Courage to Change 7:30 PM
A Club of Hernando
18922 Titus, Hudson 34667
(Off County Line Road)

Spring Hill New Beginnings AFG 8:00 PM
Beginners Meeting 7:30 PM 
St. Frances Cabrini Church
5030 Mariner Blvd, Spring Hill 34609

Citrus County

Last Resort AFG 11:30 AM
First United Methodist Church
3896 S. Pleasant Grove Rd (CR.581)
Inverness 34452

THURSDAY

Pasco County

Helping Families AFG 12:00 NOON
His Gathering Place
39031 County Road 54
Zephyrhills 33541 Baby Sitting

You'll Never Walk Alone AFG 12:00 NOON
Community Congregational Church
6533 Circle Blvd. (choir room)
New Port Richey 34652

Serenity and Peace 7:00 PM
St. Elizabeth's Church - AA 7:00 PM
5855 16th Street, Zephyrhills 33542

Hernando County

Thursday Night Live AC/AFG 7:30 PM
Brooksville Enrichment Center
Medical Arts Building, Suite 120
17222 Hospital Boulevard (S.R. 50)
Brooksville Regional Hospital

Citrus County

Thursday Morning Al-Anon at Yana 11:30 AM
147 7th Street
Crystal River 34429

THURSDAY (cont.)

Citrus County (cont.)

Courage AFG 8:00 PM – Open Meeting
First United Methodist Church
8831 Bradshaw Street, Homosassa 34448

Lecanto AFG 8:00 PM
Unity Church of Citrus County
2628 Woodview Lane
Lecanto 34460

FRIDAY

Pasco County

Friendship AFG 10:00 AM
Volunteer Way (strip mall)
10012 Moon Lake Road
New Port Richey 34654

Holiday Friday Morning AFG 11:00 AM
Metropolitan Ministries
3214 US Highway 19, Holiday 34691

Growth in Steps 12:00PM

Hyundai Car Dealership
27000 Wesley Chapel Blvd / SR 54
Wesley Chapel 33543
Room 209 - Upstairs via elevator
Park on grass please

Courage to Change 6:00 PM
7137 Edna Avenue, Hudson 34667

Overcomers 6:00 PM
LIFE Ministry
7511 Little Road (building C suite B)
New Port Richey 34654

Serenity and Hope AFG 8:00 PM
St. Thomas Aquinas Church - AA 8:00 PM
8320 Old County Road 54
New Port Richey 34653

Hernando County

Serenity AFG 10:00 AM
Saint Andrews Episcopal Church
Coulter Hall
2301 Deltona Blvd. Spring Hill 34606

Citrus County

Awareness Lunch Bunch AFG 12:30 PM
St. Margaret's Episcopal Church
114 North Osceola Avenue
Inverness 34450

About Al-Anon

How will Al-Anon/Alateen help me?

Many who come to Al-Anon/Alateen are in despair, feeling hopeless, unable to believe that things can ever change. We want our lives to be different, but nothing we have done has brought about change. We all come to Al-Anon because we want and need help.

In Al-Anon and Alateen, members share their own experience, strength, and hope with each other. You will meet others who share your feelings and frustrations, if not your exact situation. We come together to learn a better way of life, to find happiness whether the alcoholic is still drinking or not.

Who are the members of Al-Anon?

Al-Anon and Alateen members are people just like you and me – people who have been affected by someone else's drinking. They are parents, children, spouses, partners, brothers, sisters, other family members, friends, employers, employees, and coworkers of alcoholics. No matter what our specific experience has been we share a common bond: we feel our lives have been affected by someone else's drinking.

How do alcoholics affect families and friends?

Alcoholism is a family disease. The disease affects all those who have a relationship with a problem drinker. Those of us closest to the alcoholic suffer the most, and those who care the most can easily get caught up in the behavior of another person. We react to the alcoholic's behavior. We focus on them, what they do, where they are, how much they drink. We try to control their drinking for them. We take on the blame, guilt, and shame that really belong to the drinker. We can become as addicted to the alcoholic, as the alcoholic is to alcohol. We, too, can become ill.

IF SOMEONE ELSE'S DRINKING BOTHERS YOU, YOU ARE NOT ALONE!



AL-ANON AND ALATEEN

LIST OF FREE MEETINGS

Pasco, Hernando, Citrus, And Sumter Counties

LOCAL HOTLINE
All Four Counties
352-697-0497

NORTH FLORIDA WEBSITE
www.northfloridaal-anon.org

National Hotline
Phone Line: 888-4AL-ANON

National Website
<http://www.al-anon.org>

The following questions are designed to help you decide whether or not you need Al-Anon. If you answer yes to any of these questions, Al-Anon or Alateen may be able to help.

1. Do you worry about how much someone else drinks?
2. Do you have money problems because of someone else's drinking?
3. Do you tell lies to cover up for someone else's drinking?
4. Do you feel that if the drinker cared about you, he or she would stop drinking to please you?
5. Do you blame the drinker's behavior on his or her companions?
6. Are plans frequently upset or canceled or meals delayed because of the drinker?
7. Do you make threats, such as, "If you don't stop drinking, I'll leave you"?
8. Do you secretly try to smell the drinker's breath?
9. Are you afraid to upset someone for fear it will set off a drinking bout?
10. Have you been hurt or embarrassed by a drinker's behavior?
11. Are holidays and gatherings spoiled because of drinking?
12. Have you considered calling the police for help in fear of abuse?
13. Do you search for hidden alcohol?
14. Do you ever ride in a car with a driver who has been drinking?
15. Have you refused social invitations out of fear or anxiety?
16. Do you feel like a failure because you can't control the drinking?
17. Do you think that if the drinker stopped drinking, your other problems would be solved?
18. Do you ever threaten to hurt yourself to scare the drinker?
19. Do you feel angry, confused, or depressed most of the time?
20. Do you feel there is no one who understands your problems?

2011-05

Al-Anon's Twelve Steps

1. Admitted we were powerless over alcohol, that our lives had become unmanageable.
2. Came to believe that a power greater than ourselves could restore us to sanity.
3. Made a decision to turn our will and our lives over to the care of God as we understood him.
4. Made a searching and fearless moral inventory of ourselves.
5. Admitted to God, to ourselves, and to another human being the exact nature of our wrongs.
6. Were entirely ready to have God remove all these defects of character.
7. Humbly asked Him to remove our shortcomings.
8. Made a list of all persons we had harmed, and became willing to make amends to them all.
9. Made direct amends to such people wherever possible, except when to do so would injure them or others.
10. Continued to take personal inventory and when we were wrong promptly admitted it.
11. Sought through prayer and meditation to improve our conscious contact with God, as we understood Him, praying only for the knowledge of his will for us and the power to carry that out.
12. Having had a spiritual awakening as a result of these steps, we tried to carry this message to others and to practice these principles in all our affairs.

The Serenity Prayer

God, grant me the **serenity** to accept the things I cannot change, **courage** to change the things I can, and the **wisdom** to know the difference.